

Black Cumin Oil



Product Code : 7464

African Essentials Organic Black Cumin Oil is a light textured therapeutic oil with a vast array of beneficial actions since it is made of more than a hundred active elements. Each one of these elements acts on the immune system and skin. Since the time of the Pharaohs, black cumin oil is considered as a universal remedy. African Essentials Black Cumin Oil is produced from the seeds of the black cumin and sourced from small Egyptian farmers and producers.

Recommended Uses :

- | | |
|------------------------------------|-------------------------------------|
| ✓ Dry, sensitive or irritated skin | ✓ Eczema |
| ✓ Scars | ✓ Cutaneous mycosis |
| ✓ Skin infections | ✓ Joint inflammation |
| ✓ Acne | ✓ Brittle nails |
| ✓ Psoriasis | ✓ Dry, dull, split and brittle hair |
| ✓ Protection from skin aging | |

Botanical Name : *Nigella sativa*

Origin : Egypt

Certified Organic by Ecocert Canada



Active Components :

Fatty acids composition :

- Polyunsaturated essential fatty acids (vitamin F): 56% linoleic acid ($\Omega 6$)
 - Plays an **important role preventing skin aging**
- Monounsaturated fatty acids: 23% oleic acid ($\Omega 9$)
 - **Strengthens the hydrolipidic barrier of the skin**
- Saturated fat: 12% palmitic acid
 - **Maintaining the skin barrier**
- Other principal actives :
 - 0.15% essential oils of *Nigella* including:
 - 33% thymoquinone
 - 39% para-cymene
 - Nigelline: **Digestive and intestinal system stimulator**
 - Nigellone: antihistamine
 - Vitamin E: natural antioxidant
 - Carotenoids: anti-radical actions that **protect tissues from degeneration**
 - Minerals: iron, phosphorus ...

